



Confined Space Entry

with Breathing Apparatus

Who should attend?

This one day course is designed for Managers, Supervisors and Operatives who may need to enter a confined space with full working breathing apparatus to conduct a variety of work activities that include: maintenance and cleansing operations, building and refurbishment work, routine inspections, CCTV operations, flow monitoring and surveys.

- Course Location:** On-Site at your premises
- Course Duration:** 1 Full Day, 9.30am-4.30pm
(date to suit you)
- No. of Delegates:** 6 delegates max



Course Objectives:

to provide delegates with a thorough understanding of confined spaces, the associated legislation, approved code of practice (ACOP), dangers associated with confined spaces and the ability to enter, work and leave them safely by horizontal and/or vertical entry.

Course Content:

- Confined Space Regulations 1997, associated legislation and ACOP
- Methods of risk control
- Atmospheric monitoring
- Health hazards and control
- Safety equipment and pre-use checks
- Full working breathing apparatus
- Practical exercise and assessment

Training Method:

A high proportion of hands-on demonstrations and practical exercises supplemented with a classroom based informative powerpoint presentation.

Safety Equipment:

All delegates should have available and bring with them the following safety equipment: Safety shoes/boots, Overalls, Gloves and Hardhat. We will require the use of a safe risk assessment confined space for the practical exercises (preferably not a 'live' site), plus the full use of equipment, harnesses, breathing apparatus etc.

Additional Courses available:

- Authorised Persons Confined Spaces for MOD Estates (3 Days)
- Entry into confined spaces with escape & full ba inc basic first aid, CPR & resuscitation (3 Days)
- Confined Space Entry 'Refresher' (1 Day)
- Harness Safety Awareness (3Hrs)

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