



NewGrange

TRAINING & SERVICES LTD

Better People, Better Business®

Entry into Confined Spaces - 2 Days

with escape & full working breathing apparatus

Who should attend?

This course is designed for anyone who may be required to carry out work in a confined space environment and make an emergency evacuation using escape breathing apparatus or enter into a confined space with full working breathing apparatus to carry out a variety of work activities.

Aim

To provide delegates with an understanding of confined spaces, the associated legislation, approved code of practice (ACOP), dangers associated with confined spaces and to have the ability to enter, work and leave safely by horizontal and/or vertical exit.



Course Location: On-Site at your premises

Course Duration: 1 Full Day, 9.30am-4.30pm
(date to suit you)

No. of Delegates: 10 delegates max

Course Content:

- Confined Space Regulations 1997, associated legislation and ACOP
- Methods of Risk Control
- Atmospheric monitoring
- Health hazards and control
- Safety equipment and pre-use checks
- Escape breathing apparatus
- Practical exercise and assessment

Knowledge:

on completion of the course delegates will be able to:

- Summarise the requirements of the Confined Space legislation and ACOP
- Identify a confined space and its reasonable foreseeable risks
- Select appropriate methods of risk control
- Select appropriate safety equipment that may be used when entering a confined space and carry out appropriate pre-use checks
- Conduct an entry into a confined space carrying escape breathing apparatus and appropriate ancillary safety equipment, in a safe and efficient manner
- Don and Doff escape breathing apparatus, carrying out a self escape exercise

Training Method:

Highly participative with practical exercises in confined space preparation and access, self rescue, and the course is delivered with a powerpoint presentation.

Safety Equipment:

All delegates should have available and bring with them the following safety equipment: Safety shoes/boots, Overalls, Gloves and Hardhat. We will require the use of a safe risk assessment confined space for the practical exercises and a suitable classroom for the theory (morning) part of the course.

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