

Entry into Confined Spaces - 3 Days

with escape, full working ba, basic first aid, CPR & resuscitation

Who should attend?

This course is designed for anyone who may be required to carry out work in a confined space environment and make an emergency evacuation using escape breathing apparatus or enter into a confined space with full working breathing apparatus or carry out basic first aid in the event of a casualty.

Course Location: On-Site at your premises

Course Duration: 1 Full Day, 9.30am-4.30pm
(date to suit you)

No. of Delegates: 10 delegates max



Aim

To provide delegates with an understanding of confined spaces, the associated legislation, approved code of practice (ACOP), dangers associated with confined spaces and to have the ability to enter, work and leave safely by horizontal and/or vertical exit. To be able to stabilise a casualty with appropriate first aid and administer medical oxygen in the absence of a First Aider.

Course Content:

- Confined Space Regulations 1997, associated legislation and ACOP
- Methods of Risk Control
- Atmospheric monitoring
- Health hazards and control
- Safety equipment and pre-use checks
- Escape and full working breathing apparatus
- First Aid Regulations 1981
- Contents of a first aid kit
- Airway management and oxygen therapy
- The respiratory and circulatory systems
- Wounds and the control of bleeding
- Management of an unconscious casualty
- The causes and treatment of shock, fractures and burns
- CPR and oxygen resuscitation
- Secondary assessment and the recovery position
- Practical exercise and assessment

Knowledge:

on completion of the course delegates will be able to:

- Summarise the requirements of the Confined Space legislation and First Aid
- Identify a confined space and its reasonable foreseeable risks + risk control
- Select appropriate safety equipment that may be used when entering a confined space and carry out appropriate pre-use checks
- Conduct an entry into a confined space with full working breathing apparatus
- Record and report accidents and injuries (RIDDOR) and maintain a first aid kit
- Perform basic life support and first aid

Additional Courses available:

- Entry into confined spaces with escape & full ba inc basic first aid, CPR & resuscitation (3 Days)
- Entry into confined spaces with escape breathing apparatus (1 Day)
- Harness Safety Awareness (3Hrs)

Tel: +44(0) 1562 632143

Fax: +44(0) 1562 632584

email: info@newgrangetraining.co.uk

www.newgrangetraining.co.uk