



NewGrange

TRAINING & SERVICES LTD

Better People, Better Business®

HSE Approved Course



Emergency First Aid at Work

This course is ideal for smaller workplaces that present few health and safety risks.

Course Location: On-Site at your premises

Course Duration: 6 Hours (course date & course time to suit you)

No. of Delegates: 12 delegates max

Benefits to the organisation:

Reassurance that in the event of accident or illness in the workplace, trained staff will have the knowledge and confidence to take charge and handle the situation correctly.

Benefits to the individual:

Having the knowledge and confidence to take charge in an emergency accident or sudden illness situation at work.



Course Content:

- Health and Safety (First Aid) Regulations
- Managing an incident
- Priorities of first aid
- Resuscitation
- Recognition and treatment of shock
- Choking
- Seizures
- Blood loss/bleeding
- Common workplace injuries
- The unconscious casualty
- Record keeping and accident reporting

Delegates Receive:

Emergency First Aid at Work Training Certificate

Course Notes

Course Materials

We provide all the necessary First Aid Supplies and equipment

This course is run by an HSE Approved Instructor & Approved Centre

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