



# NewGrange

TRAINING & SERVICES LTD

*Better People, Better Business®*

## Slinger/Banksman

**This one day course provides the necessary information and practical instruction to make delegates aware of the dangers involved in the slinging of materials.**

**The course covers current health and safety legislation including the L.O.L.E.R. and P.U.W.E.R. Regulations, as well as safe practices and ensuring the equipment is used correctly and safely at all times.**

- Course Location:** On-Site at your premises  
**Course Duration:** 1 Full Day, 9.30am-4.30pm ( date to suit you)  
or earlier start time if preferred (e.g. 8am-3pm)  
**No. of Delegates:** 6 delegates max

### Course Content

- Statutory duties under Health and Safety at Work Act 1974
- Legislation affecting Lifting Operations
- The requirements of the L.O.L.E.R. & P.U.W.E.R. Regulations
- Correct slinging procedures and signalling techniques
- The importance of weight, centre of gravity and sling and angles in relations to the safe working load of the lifting tackle
- Operators responsibilities under the Law
- Potential hazards associated with lifting operations and how to overcome them

### THEORY OF TRAVELLING CRANE SAFETY

Pre and post inspection, Preparation of lift site and set down area  
Weight estimation  
Selection and inspection of gear  
Slinging Methodology

### SLINGERS RESPONSIBILITIES UNDER THE LAW

Pre and post inspection of equipment, Demarcation of lifting area  
Signallers / Banksman duties  
Specialised lifting gear  
Tandem lifting

### SLINGING AND SIGNALLING THEORY

Shop floor practical equipment inspection

### Delegates Receive:

Slinger/Banksman Course Notes,  
Certificate of Training, and course materials

Tel: +44(0) 1562 632143

Fax: +44(0) 1562 632584

email: [info@newgrangetraining.co.uk](mailto:info@newgrangetraining.co.uk)

[www.newgrangetraining.co.uk](http://www.newgrangetraining.co.uk)